



**YOUTH  
FOR CHRIST**

# HOW TO LOOK AFTER THE PLANET

Connect the dots however you like...



What are some ways you see a negative impact on the planet?

## FACTS

13 million tonnes of plastic end up in the oceans each year. If we keep doing this, by 2050 there'll be more plastic than fish in the sea.

The average person throws away their own body weight in rubbish every 7 weeks.

It takes 1 million years for a plastic jug to break back down into the environment.

Why not fill the earth with things you love about creation? Use words or doodles - it's up to you!

# STEWARDSHIP

If we head to the Bible and read Genesis 1:26,27-28 we can see that God made humanity stewards of the earth - this means to look after and take care of it. Do well do you think humankind stewards the planet? How do you think we could be good stewards?

Earth is our home - it has everything we need to thrive - water, food, ingredients for medicine and so on. When we do things that harm the planet, it harms our home and the people within it.

It's easy to forget that we are connected to people around the world. Our actions impact the lives of those who might live thousands of miles away.

From the clothes we buy, to where our rubbish is dumped, the source of our food or the impact of climate change - how we live ripples out and affects others. When it comes to environmental issues, they most often affect the poorest on the planet as they tend to live in areas affected by climate change or where there is polluted water, piles of rubbish or get illness due to contaminated food.

# MAKE A CHANGE...

It might seem overwhelming when we think about how to look after our planet well, but just like the ocean is made up of tiny drops...so can our small actions join together to make a bigger impact. Below are some ideas of things you can do, challenge yourself to do some and maybe even add your own ideas.



Did you know that if everyone in the world used as many of the planet's resources as we do in the UK that we would need 2.6 earths?!

How do you think we might be able to use up less stuff? Maybe ask someone else to see if they have any ideas.