



"AND SO WE KNOW AND RELY  
ON THE LOVE GOD HAS FOR US.  
GOD IS LOVE. WHOEVER LIVES  
IN LOVE LIVES IN GOD, AND  
GOD IN THEM."



**1 John 4:16**



YOUTH  
FOR CHRIST

So much has changed over the past few weeks. There are a whole load of new challenges that families are facing. But we believe that by working together with each other and with God, love wins.

You can head to [www.yfc.co.uk/gatherthefamily](http://www.yfc.co.uk/gatherthefamily) for more resources to explore faith together.

## 1 John 4

Love one  
ANOTHER

Choose something that you love doing. Then spend half an hour together doing those things.

Love TO  
SHARE

Decorate rocks and write things that you can pray about on them. Pick out some rocks and pray together.

SHARE  
TO LOVE

Bake cakes or make a gift that you can take round to a neighbour or family member to bless them.

Love GOD'S  
WORDS

Choose a Bible story that you all know and re-create it. You could use Lego, act it out or anything you want!

Love  
YOURSELF

Spend time doing some exercise or playing a sport you like together as a whole family.

# DO

# REFLECT

Write down or draw something that you love about someone else and hide it for them to find later on.

Write or draw 10 things that you're thankful for. Stick the paper on the fridge and thank God when you see it.

Think of someone who is on their own. Write a letter or record a video message as a family and send it to them.

Download a colouring sheet of a Bible verse\*. Talk about the verse and what it means as you colour it in together.

To stay calm, name 5 things you see, 4 things you touch, 3 things you hear, 2 things you smell & 1 thing you taste.