

MY

STARTING A NEW SCHOOL

THINKING SHEET



YOUTH FOR CHRIST

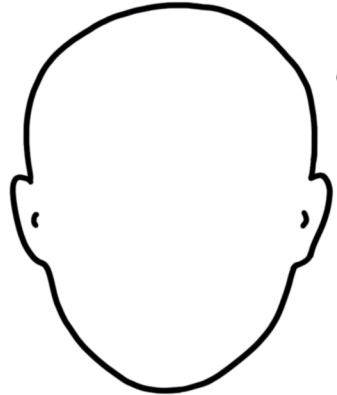
What is the name of your new school?

I'm not in a class with my friends

My friend is wearing a mask

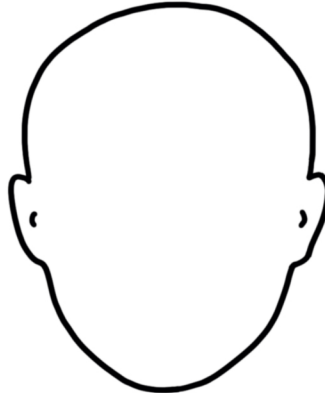
We're not allowed to do PE

What will I do if...



How have you felt about being on lockdown?

How are you feeling about school?



What will be left behind?



Walking to school with your family?

What will be the same?

Using the same lunchbox?

Same friends?



What will be new?

Different timings?

Your own timetable

New school building?



Don't forget to keep talking about how everything's going and talking to people who you trust about what's good and what's not.

How to help your kids go BACK to school well...

YEAR 7 edition



Starting a new school is a big thing under the best of circumstances, and starting 'big school' after a complicated and confusing year 6 is massive.

Things are different in almost every school, so you're probably going to want to do a bit of detective work

Things to find out...

Start times:

Classroom plans:

Masks and hand washing:

Social distance rules:

Teacher name and photo (is it possible to 'meet' them?):

What happens about assemblies:

What happens about PE lessons:

Is there a walkthrough video of the school or can you visit?

What's your before school and after school routine going to be?

What are you going to do about transport to and from school?
Walking/ driving/ bus?

Think about

Start up...

Reintroduce some family rhythms (let's be honest, they've probably all gone out the window)

Talk about school so that the idea of school is not a surprise in September!

Talk about how your child is feeling. Try to reassure them.

→ Don't forget to keep talking to your children and asking them how they are finding it all. But maybe not straight away, giving them time to process is important.